

Information on health care and other assistance programs for Vermonters

State programs offered to Vermonters:

Health Care Programs

- 1) Catamount Health
- 2) Medicaid
- 3) VHAP
- 4) Dr Dynasaur
- 5) V-Pharm, Vscript
- 6) Healthy Vermonters
- 7) Clinics for the Uninsured
- 8) Medicare and Medigap
- 9) COBRA
- 10) Primary Care Health Centers in Vermont

Social Programs

- 11) Essential Person Caregiving Assistance
- 12) Phone services- Link Up Vermont
- 13) Supplemental Security Income
- 14) Emergency Assistance
- 15) Reach Up
- 16) Food Stamps
- 17) Fuel Assistance

Not sure which programs you might be eligible for?

Go to: <http://screendoor.vermont.gov/>

Application for various state health care programs;

http://www.dsw.state.vt.us/Programs_Pages/Forms/forms_menu.htm

Call for an application:

1-800-250-8427

TTY 1-888-834-7898

Nearest DCF Office: go to

http://www.dsw.state.vt.us/dopage/do_hp.htm

HEALTH CARE PROGRAMS

1) What is Catamount Health?

Catamount Health is a health insurance product offered by Blue Cross Blue Shield of Vermont and MVP to Vermonters who have been uninsured for a 12-month period prior to October 2007. Premiums are partly subsidized on a sliding scale based on income.

For more information call: 1-800-250-8427

For more online information go to:

http://www.leg.state.vt.us/HealthCare/2006_Health_Care_Constituent_Information_Sheet.htm

2) Medicaid

Medicaid is a health coverage program offered to income-eligible Vermonters, including those 65 years and older who meet certain criteria, people who are blind or disabled, children and young people under 21, pregnant women, and parents of children under 18.

For more information: call 1-800-250-8427

Or go to: http://www.dsw.state.vt.us/Programs_Pages/Healthcare/medicaid.htm

For an application:

http://www.dsw.state.vt.us/Programs_Pages/Forms/Form202.pdf

3) VHAP

VHAP is offered to Adults (18 years old and older) who don't have health insurance and don't qualify for Medicaid or Medicare.

For more information:

http://www.dsw.state.vt.us/Programs_Pages/Healthcare/vhap.htm

To apply: Call 1-800-250-8427.

Or contact your local DCF ESD office. Click here to find the closest office nearest you:

<http://www.path.state.vt.us/dopage/Town3.htm>

4) Dr. Dynasaur

Offers health coverage for children, teenagers up to 18, and pregnant women. A family of four earning \$54,000 a year may get Dr. Dynasaur for the kids. A pregnant woman earning \$24,000 may get coverage for herself.

For more information on eligibility go to <http://ovha.vermont.gov/services/dr-dynasaur/>

For an application you can print, fill out and bring to your nearest DCF office

http://www.dsw.state.vt.us/Programs_pages/Forms/Form202.pdf

Or call: 1-800-250-8427

5) V-PHARM, V-SCRIPT

For seniors 65 years old and older or people with disabilities receiving Medicare or Social Security disability benefits and with incomes below a certain amount.

For more information call 1-800-250-8427 or go to:

http://www.dsw.state.vt.us/Programs_Pages/Healthcare/vhap_pharmacy.htm

6) Healthy Vermonters

This program is for those who have no insurance for prescriptions or those who have a commercial insurance plan with a yearly limit. To qualify for Healthy Vermonters, which allows you to pay a discounted rate for both short-term and long-term drugs, your family income must be below a certain amount. If you have prescription insurance with a cap, you may qualify after you reach the cap.

For more information call: 1-800-250-8427 or go to

http://www.dsw.state.vt.us/Programs_Pages/Healthcare/Healthy_vermonters.htm

7) Clinics for the Uninsured

Vermont Coalition of Clinics for the Uninsured consists of 9 clinics dispersed throughout the state that provide health services to uninsured Vermonters and adjusts fees based on income.

For more information call 1- (802) 388-2753

Or go to: <http://www.vccu.net/>

8) Medicare and Medigap

Medicare is a Health Insurance Program for people 65 years of age and older, some disabled people under 65 years of age, and people with End-Stage Renal Disease (permanent kidney failure treated with dialysis or a transplant).

For more information: call 1-800-MEDICARE

Or visit

<http://www.medicare.gov/MedicareEligibility/home.asp?version=default&browser=Firefox%7C2%7CWinXP&language=English>

9) COBRA

The Consolidated Omnibus Budget Reconciliation Act (COBRA) gives workers and their families who lose their health benefits the right to choose to continue group health benefits provided by their group health plan for limited periods of time under certain circumstances such as voluntary or involuntary job loss, reduction in the hours worked, transition between jobs, death, divorce, and other life events.

For more information call : US Department of Labor; 1-800-998-7542

10) Primary Care Health Centers in Vermont

This is a partial list of primary care health centers throughout Vermont

Call 802.229.0002

http://www.bistatepca.org/vthc_listing.htm

NOTE: If we had a publicly financed health care system for everyone, all of the above programs would not be necessary. Everyone would be covered regardless of their employment, or income status, or disability. For LIFE...

Call or write your legislator. Tell them you want a system that serves everyone, is funded by taxes, eliminates premiums, and is guaranteed for LIFE.

<http://www.leg.state.vt.us/legdir/legdir2.htm>

SOCIAL PROGRAMS

11) Essential Person Caregiving Assistance

Essential Person is a program that provides monthly cash assistance to a low-income household in which a person's care or services are essential to an elderly or disabled person's remaining in his or her home. In most instances the essential person is the elderly or disabled person's spouse.

For more information: Call 1800-287-0589 or go to -

http://www.dsw.state.vt.us/Programs_Pages/Caregiving/Caregiving.htm

12) Phone Services- Link Up Vermont

Link Up Vermont is a program designed to make getting phone service at your home more affordable if you are a Vermonter with limited income.

Apply for the Lifeline Telephone Credit by contacting DCF at 1-800-287-0589, through the Vermont Department of Taxes, or by calling your local telephone company.

For more information:

http://www.dsw.state.vt.us/Programs_Pages/Lifeline/Lifeline.htm

13) Supplemental Security Income

Aid to Aged, Blind or Disabled (AABD) is the monthly state supplement to federal supplemental security income (SSI) benefits, which provide a guaranteed minimum income to persons age 65 or older, or to persons determined to be blind or disabled.

For more information; Contact your [local DCF office](#)

or call 1-800-287-0589

or visit the website:

http://www.dsw.state.vt.us/Programs_Pages/SSI%20AABD/SSI%20AABD.htm

14) Emergencies

General Assistance (GA) and Emergency Assistance (EA) programs provide aid such as housing and utilities, food and personal needs money, and medical assistance to individuals and families who have experienced a catastrophe and, as a result, are unable to provide for their basic needs.

For more information; call 1-800-287-0589 or contact the nearest DCF Economic Services Office

http://www.dsw.state.vt.us/dopage/do_hp.htm

15 Reach Up

Reach Up helps families with children by providing services that support work, cash assistance for basic necessities, and health insurance.

Eligibility depends on your income, resources, living expenses, who lives with you, your ability to work, and other factors.

For more information;

http://www.dsw.state.vt.us/Programs_Pages/Reach_Up/Reach_Up.htm

16) Food Stamps

Food stamps are benefits you use when you shop for food. You use a Vermont Express electronic benefit transfer (EBT) card to spend your food stamps. You may be eligible if your household income is below a certain level and depending upon the size of your household.

For more information : call 1-800-287-0589 or 1-802-241-2800

http://www.dsw.state.vt.us/Programs_Pages/Food%20stamps/Food_Stamps.htm

17) Fuel Assistance

A program to help eligible Vermonters pay for their heating fuel. You must apply on a yearly basis. For more information call:1-800-479-6151 or 1-802-241-1165

http://www.dsw.state.vt.us/Programs_Pages/Fuel/fuel.shtml

Miscellaneous numbers

- 1) If you have difficulty obtaining Medicaid services you can call the Health Care Ombudsman Office at 1-800-917-7787
- 2) BISHCA –the department of Banking Insurance Securities and Health Care Administration-
- 3) For consumer information on health insurance
http://www.bishca.state.vt.us/InsurDiv/Consumer/consumer_information.htm
Or call: **1-800-964-1784**

This document was prepared by Vermont Health Care for All www.vthca.org 802-371-7764